



Race The Tide
25th May
2024
Woodland Trail Results



Position	Number	Name	Lastname	Category	Club	Chip Time
1	389	Hugh	MACKENZIE	MV40		00:55:48.4
2	462	Mike	WILKINSON	M		01:00:13.1
3	349	Nikki	ELLIOTT	F		01:01:00.6
4	425	Stephen	RISDON	MV40		01:01:18.1
5	438	Neil	SQUIRES	MV40		01:02:48.0
6	310	Scott	BONNER	M		01:03:45.5
7	312	Alex	BOTT	M	North Devon RRC	01:04:25.6
8	420	David	RAYFIELD	MV50	Erme Valley Harriers	01:04:29.0
9	447	Will	TIPPER	MV40		01:05:34.7
10	322	Daniel	BURSTON	M		01:06:53.2
11	350	Will	ELLIS	M		01:07:36.9
12	455	Carla	TUNNICLIFFE	F	Plymstock Road Runners	01:07:52.6
13	319	Peter	BURBRIDGE	MV40		01:08:18.9
14	468	Matthew	DUREE	MV50		01:09:32.2
15	313	Elise	BOTT	F		01:10:43.4
16	379	Kris	KING	MV50		01:11:55.2
17	323	Josh	BUTLER	M		01:12:22.8
18	342	Elizabeth	DRAKE	FV40		01:13:13.7
19	305	Freddie	BLACKETT	M		01:13:24.7
20	314	Warren	BOWDEN	MV50	Chorlton Runners	01:14:52.3
21	384	Jack	LEA	M		01:15:22.5
22	467	Lucy	ROBBIE	FV40		01:15:27.3
23	303	Damian	BARNES	MV40		01:15:38.2
24	383	Milo	LANKESTER	M		01:15:45.9
25	359	Ryan	GOLD	M		01:15:59.1
26	330	Tim	CATHERY	M		01:16:00.9
27	433	Hazel	SHEARS	F	BOW Street Runners	01:16:13.5
28	351	Anthony	EVERSON	MV50	Plymouth Coastal Runners	01:16:34.2
29	457	Viktoria	VASILYEVA	F		01:17:09.4
30	329	Stuart	CASSIDY	MV50	Newcastle staffs AC	01:18:01.6
31	328	Jan	CASSIDY	FV50	Newcastle staffs AC	01:18:02.0
32	398	Sean	MCTAGGART	M		01:18:12.9
33	333	Albert	CODORNIU	M		01:18:28.8
34	421	Sophie	RAYNER	F	Holbeton Harriers	01:18:41.4
35	397	Ben	MCMAHON	M		01:18:43.5
36	442	Elliott	TAYLOR-HAWKINS	M		01:19:03.1
37	439	Matthew	STANNARD	MV40		01:19:42.2
38	412	Jamie	POCOCK	M		01:20:14.0
39	368	Kate	HEATON	F	Teignbridge Trotters	01:20:55.0
40	377	Victoria	JOHNSTON	F		01:21:15.0
41	423	Fiona	READMAN	F		01:22:12.7
42	301	Ian	ASHELFORD	M	Torrington AAC	01:22:37.6
43	373	Elizabeth	JACKSON	F		01:23:10.5
44	306	Fiona	BLACKWELL	F		01:23:22.1
45	332	Laura	CLEVERLY	F		01:23:48.0
46	415	David	PRESTWICH	MV50		01:23:59.0
47	437	Lisa	SPRINGFIELD	F		01:24:19.7
48	338	Robert	DAVEY	MV40		01:24:57.2
49	381	Agnieszka	KLEPACZ	F		01:24:57.3
50	324	Hope	BUZZA	FV40		01:25:15.0
51	403	Anne	O'BYRNE	FV40		01:25:30.7
52	307	Jenny	BLYTHE	FV50		01:25:51.5
53	456	Grahame	TURNER	MV50	BOW Street Runners	01:26:14.9



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54	376	William	JERROLD	MV40	Royal Marines	01:26:37.9
55	345	Charlotte	EATWELL	F		01:26:39.3
56	464	Carly	PHILLIPS	F		01:27:15.1
57	465	Hannah	CARMICHAEL	F		01:27:17.6
58	432	Sarah	SHAW	F		01:28:22.8
59	449	Carl	TOWNLEY	M		01:28:46.1
60	436	Sue	SINGLETON	FV60	Taunton Running Club	01:28:49.5
61	327	Sophie	CARWARDINE	FV40		01:28:56.2
62	390	Emma	MAGEE	F		01:29:19.7
63	396	Harry	MCDOWELL	M		01:29:39.6
64	364	James	HANNAFORD	M		01:29:51.0
65	386	Stephen	LEONARD	MV50		01:29:52.1
66	463	Francesca	WRIGHT	F		01:29:52.7
67	374	Paul	JAGO	MV60		01:29:54.0
68	356	Gabrielle	GARLAND	F		01:30:06.4
69	331	James	CHAMIER	MV40		01:30:19.7
70	443	Alice	THOMAS	F	Exmouth Harriers	01:30:23.9
71	452	Bryn	TRUSCOTT	MV60	South West Road Runners	01:30:45.7
72	365	Helen	HANNAFORD	F		01:30:47.0
73	309	Keith	BOLLING	MV60		01:31:11.3
74	311	Natalie	BONNEY	FV40	RunFitRunFast	01:31:45.8
75	388	Kelvin	LOFTHOUSE	MV40		01:31:55.1
76	399	John	MELLOR	M		01:31:55.2
77	435	Edward	SIMPSON	M		01:32:05.1
78	363	Jasmine	GROWDON	F		01:32:05.2
79	410	Alex	PICKSTONE	FV40		01:32:06.3
80	348	David	ELLIOTT	MV50		01:32:30.1
81	391	Helen	MANNION	FV40		01:32:31.8
82	414	Zoe	POST-GORVETT	F		01:33:23.5
83	358	Pip	GLANVILLE	F		01:33:38.6
84	418	Jim	PYNE	MV50		01:33:41.1
85	302	Natasha	BARLOW	FV40		01:33:43.7
86	405	Chantelle	OSBORN	FV40		01:33:43.7
87	450	Danielle	TRAYS	FV40		01:33:43.8
88	380	Sarah	KINSMAN	F		01:34:43.8
89	431	Daniel	SCOTT	M		01:34:46.8
90	409	Rachel	PESCOD	F		01:34:59.6
91	371	Sally	HOULT	FV60		01:35:04.8
92	446	Fergus	THOMPSON	M		01:35:25.5
93	406	Fiona	PALMER	F		01:35:38.1
94	355	Neil	FOWLER	M		01:35:40.2
95	335	Amethyst	COPPING	FV50		01:35:41.4
96	426	Hannah	ROBERTS	F		01:35:46.7
97	340	Harriet	DISMORE	FV40		01:36:09.6
98	317	Elaine	BRODBIN	F		01:36:51.4
99	316	Darren	BRIDLE	MV40	ORC's	01:37:11.0
100	378	Eve	KETTLEWELL	F		01:37:52.5
101	401	Jana	NOVIKOVA	F		01:37:59.0
102	460	Debbie	WEBSTER	FV40		01:38:08.6
103	445	David	THOMPSON	MV70		01:38:22.8
104	430	Joanna	RYAN	FV40		01:38:36.6
105	382	Alex	KNIGHT	FV40	Dartmouth AAC	01:38:56.1
106	448	Claire	TODD	FV40		01:39:32.2



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107	411	Susie	PITT	FV60		01:40:08.9
108	385	Rebecca	LEAR	F		01:41:04.0
109	344	Cheryl	DUNN	F	Teignbridge Trotters	01:41:09.0
110	341	Ruth	DORSET	FV60		01:41:36.3
111	369	Jane	HIRONS	FV60		01:41:48.3
112	343	Lesley	DUNFORD	FV70		01:41:59.1
113	408	Jack	PAWSEY	M		01:43:56.9
114	392	Catherine	MATTHEWS	FV40	Haldon Trail Runners	01:43:58.7
115	387	Hannah	LILLESTONE	F		01:44:08.3
116	366	Paul	HATREY	MV50		01:44:32.0
117	428	Lois	ROWLANDS	FV50	Okehampton RC	01:44:41.2
118	454	Andrew	TUNBRIDGE	MV60		01:44:45.6
119	304	Catharine	BASHFORD	FV60		01:44:46.8
120	444	Jennifer	THOMAS	FV40		01:46:22.4
121	402	Laura	NUNN	FV40		01:46:22.7
122	407	Lauren	PATTISON	F	St Austell Athletes Running Club	01:46:22.8
123	339	Debbie	DAVIS	FV50		01:46:40.9
124	352	Jenni	EVERSON	FV50	Plymouth Coastal Runners	01:47:18.4
125	334	Marie	CONRAD	FV60		01:47:27.5
126	318	Sam	BRYAN	FV50		01:49:17.8
127	422	Jane	REA	FV60		01:50:00.3
128	300	Belinda	ALLIS	FV60	South Hams Hash House Harriers	01:50:02.1
129	362	Rob	GORDON	MV40		01:50:03.7
130	361	Katie	GORDON	F		01:50:03.9
131	360	Michael	GOODWIN	MV70		01:50:17.9
132	375	Carly	JAMES	F		01:50:42.1
133	326	Jo	Carvin	FV50		01:50:42.1
134	459	Rory	WAKELING	M		01:50:44.6
135	346	Liz	EGGINTON	MV50	East Cornwall Harriers	01:51:12.2
136	354	Sarah	FINCH	FV60	South West Road Runners	01:51:17.4
137	336	Bethany	CUFFE-FULLER	F		01:52:06.5
138	347	Nicki	EGGINTON	F	Running club not listed	01:52:40.5
139	466	Dasha	DOLLAR-SMIRNOVA	FV40		01:55:02.0
140	429	Helen	RUSSELL	FV50		01:55:55.4
141	367	Charlotte	HAWKINS	FV40	Exeter Triathlon Club	01:56:18.1
142	308	Jennie	BOLLING	FV60		01:56:29.8
143	370	Verity	HOOKWAY	FV50	The Orcs (Off Road and Coastal Running)	01:58:31.7
144	372	Nicky	HUDSON	FV40	ORC's	01:58:34.3
145	404	Jonathan	OGDEN	MV40	Mid Life Crisis Gladiators	01:59:26.0
146	434	Karen	SHEARS	FV60	Street Striders	01:59:29.4
147	393	Albie	MAYNE	M	Exeter Harriers	02:06:48.1
148	394	Clare	MAYNE	FV40		02:07:41.6
149	419	Philippa	QUINN	FV40		02:09:36.5
150	395	Steve	MCANULLA	MV50		02:09:36.8
146	357	Katherine	GILMOUR	FV40		02:09:37.4
147	458	Andrew	VENNING	MV40		03:05:44.5
148	413	Barnabas	POFFLEY	M		03:18:26.3