



Race The Tide

25th May

2024

Long Half-Marathon Results



Position	Number	Name	Lastname	Category	Club	Chip Time
1	149	James	FINN	M		01:59:53.8
2	141	James	DOWLER	MV40		02:09:16.9
3	225	Mark	RAYNER	M	Holbeton Harriers	02:13:45.0
4	198	Thomas	MAYNARD	M		02:14:48.3
5	196	Richard	MAUNDER	MV40		02:15:13.6
6	167	Tristan	HARVEY	M		02:15:15.3
7	231	James	ROBERTS	M		02:15:34.5
8	165	Tom	HALL	M		02:18:55.5
9	109	Taz	BABIKER	MV40		02:20:01.7
10	183	Ignatius	JEFFERY	M		02:20:22.9
11	206	Tom	MORRIS	M		02:21:07.2
12	214	Colum	PAWSON	MV40		02:21:26.4
13	143	George	EATWELL	M		02:24:06.5
14	240	Robert	STARBA	M		02:24:55.8
15	216	Mike	PEARCE	M		02:25:34.7
16	244	Jamie	THOMAS	MV40		02:26:33.9
17	224	Chris	RATHBONE	MV50		02:27:37.0
18	145	Heather	EVE	FV40	Torbay AAC	02:27:52.4
19	108	Mark	ATKINSON	MV50	Torbay AAC	02:28:15.0
20	271	Joshua	WOOD	M		02:28:18.8
21	148	Adharanand	FINN	MV50	Torbay Tri Club	02:28:54.2
22	151	Justin	FROST	MV40	Plymouth Musketeers Running Club	02:29:09.7
23	208	Charlie	MURRAY	M		02:29:18.5
24	174	Joe	HOWES	M		02:30:05.4
25	106	Dominic	ARKLEY	M		02:30:06.2
26	158	Ben	GITTINS	M		02:30:39.9
27	136	Subodh	DAVE	MV50	Royal Sutton Coldfield	02:31:38.5
28	235	Pablo	SIMKO	M		02:32:10.5
29	195	Antoine	MASSOT	M		02:32:11.6
30	272	Hannah	WRIGHT	F	Plymouth Triathlon Club	02:32:55.3
31	241	Matilda	SWAN	F	Battersea Badgers	02:33:51.6
32	201	Olivia	MCGURK	F		02:33:53.3
33	185	Nick	JENNER	MV40		02:34:12.7
34	259	Alice	WARWICK-JAMES	F	Holbeton Harriers	02:34:45.1
35	112	Taffy	BAKEWELL	F		02:35:11.8
36	128	Rory	HONEY	M		02:35:21.8
37	253	Alex	VASILYEV	M		02:35:55.5
38	247	Ben	TUCKER	MV40	Axe Valley Runners	02:35:59.5
39	255	Alice	WADDINGHAM	F		02:36:19.1
40	256	William	WADDINGHAM	M		02:36:20.4
41	153	Becky	GAMMON	FV50		02:36:38.7
42	260	Bruno	WARWICK-JAMES	M	Holbeton Harriers	02:38:03.6
43	117	Glyn	BETHELL	MV60		02:38:13.4
44	140	John	DOWELL	MV60		02:39:00.0
45	181	Lucy	JAMES	F		02:40:40.3
46	122	Rachel	BROOKES	F		02:40:40.4
47	248	Louise	TUCKER	FV40	Axe Valley Runners	02:41:03.3
48	105	Wayne	ANTHONY	M	Ilfracombe Running Club	02:43:28.8
49	115	James	BEASLEY	MV40		02:45:18.4
50	250	Kate	TURLEY	F		02:45:30.3
51	104	Tristan	ANDREWS	MV40	Riviera Racers	02:46:13.8
52	269	Mark	WILLIAMS	M		02:47:22.3
53	159	Alex	GOSTWICK	M		02:48:35.6



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54	211	Simon	OLIVER	MV60	Ilfracombe Running Club	02:49:04.1
55	220	Huw	PRING	MV40		02:49:42.7
56	123	Miles	BROOKS	M		02:49:57.2
57	233	Rebecca	RYDER	F	RAF Tri	02:49:57.6
58	189	Nicola	LANKESTER	FV40		02:49:59.3
59	137	Darin	DODD	MV50		02:50:15.3
60	232	Miranda	RYDER	FV40	Pilton Harriers	02:50:48.6
61	113	Katy	BARNEY	F		02:50:56.0
62	254	Barnabas	VAUGHAN-KNIGHT	MV50		02:51:05.2
63	263	Mark	WEST	MV50	Tavistock AC	02:51:22.9
64	264	Shaun	WEST	FV50		02:51:22.9
65	170	Sophie	HAZELL	F		02:51:25.6
66	262	Simon	WEEMYS	MV50		02:51:37.6
67	205	Elizabeth	MOORE	FV50		02:51:55.4
68	111	Hannah	BAKER	F	Running Forever RC	02:53:01.6
69	223	Steve	RANDALL	MV60		02:53:08.2
70	265	Philip	WHITE	MV60		02:53:11.5
71	199	Laura	MCARTHUR	F		02:53:19.0
72	127	Jerome	CANT	M		02:53:24.1
73	217	Chris	POOL	MV60	OuterEdge Running	02:53:29.1
74	249	Noah	TUCKER	M		02:53:42.6
75	120	James	BORNE	MV40		02:54:24.2
76	179	Graham	JAMES	MV60	Forest of Dean AC	02:54:38.5
77	202	Denis	MILLS	MV40		02:55:05.2
78	218	Lucy	POOLE	F		02:55:11.1
79	168	Barbara	HATREY	FV50		02:55:42.4
80	242	Lucy	TARRANT	FV40		02:55:52.1
81	192	Sam	LUDWIG	F		02:57:45.0
82	221	Nathan	RAFTIS	M		02:57:45.0
83	228	Tom	RILEY	M		02:57:45.2
84	207	Hugh	MUIRHEAD	MV60	North Devon Road Runners	02:58:37.5
85	193	Dylan	MARSHALL	M		02:58:41.7
86	126	Elise	CANT	F		02:59:00.0
87	246	Emma	THORNE	FV40		02:59:00.4
88	227	Emma	RICHARDS	FV50	Torrington AAC	02:59:26.9
89	171	Josephine	HOESEL	F		02:59:50.7
90	146	Isabelle	FELLOWS	F		02:59:51.0
91	210	James	NAPIER	M		02:59:51.8
92	268	Michael	WIDGER	MV40		03:00:50.1
93	175	Christopher	HUCKER	MV50	Lonely Goat RC	03:04:19.8
94	131	Barrie	CHRISTIAN	MV50	Plymouth Musketeers Running Club	03:04:32.6
95	236	Nicholas	SMITH	MV40	Launceston Road Runners	03:04:47.4
96	121	Sallie	BRENNAN	FV40		03:04:56.9
97	129	Daniel	CASE	M	Plymouth Musketeers Running Club	03:05:00.0
98	162	Jo	GULLIVER	FV40		03:05:48.8
99	176	Matt	HUNT	MV50	Blaise Runners	03:05:48.9
100	261	Shaun	WATTS	MV50	100 Marathon Club	03:06:11.3
101	116	Katie	BENTLEY	F	Plymstock Road Runners	03:06:23.0
102	187	Kim	LAMBERT	FV50		03:06:57.0
103	152	Danielle	FURZEY	F		03:07:32.0
104	157	Anna	LUFF	F	Tavistock Athletic Club	03:08:11.7
105	194	Simon	MASON	M		03:10:02.8
106	267	Matthew	WHITTEN	M		03:10:02.9



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107	125	Christie	CAMPBELL	F	Bere Alston Trekkers	03:10:23.6
108	219	Jon	PRATTEN	MV60		03:10:24.2
109	118	Lisa	BIRCH	FV50	Bere Alston Trekkers	03:10:24.6
110	163	Nirosha	GUNATILLAKE	FV40		03:11:00.4
111	184	Stephanie	JENKINS	F		03:11:10.4
112	215	Théa	PAYNE	F	Southville Running Club	03:11:40.6
113	234	Caroline	SIENIEWICZ	F		03:13:10.8
114	266	Rob	WHITE	MV50	Bovey Valley Runners	03:13:38.5
115	150	Mirella	FOX	FV50	Somerset RC TRi Club	03:13:40.8
116	161	Joanna	GRIFFIN	FV50		03:16:53.1
117	222	Alastair	RAMSAY	MV50		03:17:31.1
118	132	Rhona	COPP	FV60	New Forest Runners	03:18:20.9
119	274	Mirosław	ZUBICKI	MV60		03:18:51.9
120	134	Sarah	COX	FV40		03:19:44.4
121	251	Emily	TURNER	F		03:20:36.1
122	160	Claire	GRAYSON	F		03:20:36.2
123	252	Iain	TURNER	M		03:20:38.0
124	156	Jacqueline	GIBBARD	F		03:20:47.6
125	101	Lucy	ACHGILL	F		03:23:00.4
126	213	Kate	PATTERSON	F		03:23:01.7
127	238	Helen	STACEY	FV40		03:23:51.6
128	103	Dawn	ALLUM	FV50	Plymouth Coastal Runners	03:24:54.3
129	190	Brian	LAW	MV50	Lonely Goat RC	03:24:58.5
130	186	Lucie	JOHNSON	FV40		03:25:18.5
131	180	Jennie	JAMES	FV40		03:28:25.1
132	178	Alexander	JAMES	M		03:28:28.4
133	130	Tim	CAUDRELIER	MV40		03:30:00.2
134	172	Leon	HOLDER	MV40		03:30:00.3
135	229	Helena	RITTER	F		03:30:47.0
136	166	Luisa	HANNA	FV40		03:30:57.6
137	177	Steven	JACKSON	MV40	Plymouth Musketeers Running Club	03:31:25.4
138	107	Louise	ARMITAGE	FV40	Plymouth Musketeers Running Club	03:31:25.4
139	169	Steph	HAYES	FV40		03:31:27.0
140	203	Garry	MILLS	MV40		03:32:16.5
141	124	Lydia	BROWN	F		03:33:10.7
142	239	Lloyd	STAMMAS	MV60		03:34:25.1
143	164	Hannah	HALES	F		03:34:32.8
144	245	Steven	THORN	MV40		03:35:54.6
145	200	Paige	MCGECHIE	F		03:44:09.7
146	209	Clare	MUXLOW	FV40	Lonely Goat RC	03:44:36.5
147	154	Crispian	GARTH	MV60		03:46:46.8
148	102	Amanda	ACKROYD	FV40	Dorset Doodlers RC	03:47:56.6
149	135	Neil	CRANIDGE	MV50	Dorset Doodlers RC	03:47:56.6
150	258	Jane	WARD	FV50	Dorset Doodlers RC	03:47:59.3
151	147	Sarah	FINCHAM	FV40		03:48:02.5
152	119	Matt	BLOOMFIELD	M		04:10:16.8
153	155	Jenny	GARTH	FV60		04:10:20.1