



Long Half 20th May 2023 Results



Position	Number	Name	Lastname	Category	Club	Finish
1	204	Graham	BALE	MV50	Plymstock Road Runners	02:03:37.4
2	232	James	FINN	M		02:05:03.8
3	262	Oswald	KNIGHT	M	-Individual-	02:18:45.6
4	304	Carla	TUNNICLIFFE	F	Plymstock Road Runners	02:20:26.1
5	245	Oliver	HAMPDEN-MARTIN	M	-Individual-	02:22:50.8
6	321	Benjamin	STRATTON	M		02:22:58.3
7	326	Ian	PUTT	MV40	Chagford Runners	02:26:20.1
8	323	Iain	TURNER	M		02:28:49.6
9	235	Bruce	FOWKES	MV40	-Individual-	02:29:55.6
10	249	Ian	HAYWARD	MV60	Torbay AAC	02:31:26.4
11	224	James	DOWLER	M	-Individual-	02:31:29.2
12	318	Luke	MURRALL	M		02:31:45.1
13	313	Isaac	JOHNSON	M		02:31:45.1
14	278	Tom	NICHOLSON	MV40	-Individual-	02:36:03.4
15	302	George	TUCKEY	M	Left Handed Giant Run Club	02:36:40.3
16	229	Heather	EVE	FV40	Torbay AAC	02:37:23.0
17	263	Frans	KOX	MV60	No-Limits Bladel (Holland)	02:37:28.8
18	303	Tor	TUCKEY	F	Left Handed Giant Run Club	02:39:45.0
19	219	Roger	COTTERILL	MV60	Unattached	02:40:27.6
20	269	Nick	LITTLE	MV50	Dawlish Coasters	02:41:20.2
21	227	Andrew	DUDLEY	MV50	(no club)	02:42:12.5
22	286	Keira	PRATT	F	Penarth and Dinas Runners	02:44:48.2
23	256	Richard	JACKSON	MV40	Axe Valley Runners	02:45:36.7
24	309	Philip	WHITE	MV60		02:47:06.1
25	205	Jon	BANNER	MV40	(no club)	02:48:09.5
26	207	Rachel	BOWER	FV50	Chagford Running Club	02:48:33.0
27	305	Harm	VAN DEN MEIJDENBERG	M	-Individual-	02:49:36.4
28	228	Hans	EDWARDS	MV50	Torbay Tri Club	02:49:39.9
29	258	Emily	JARVIS	F	(no club)	02:49:54.0
30	259	Sophie	JARVIS	F		02:49:56.5
31	328	Chris	POOLE	MV60	OuterEdge	02:51:19.2
32	311	William	YOUNG	M	Haldon Trail Runners	02:52:20.3
33	282	Pille	PEDMANSON	F		02:53:38.0
34	242	Trevor	GREEN	MV50	(no club)	02:55:33.1
35	320	Charlotte	REID	F		02:55:39.1
36	243	Graham	HALL	M		02:56:38.5
37	294	Kathy	SEYMOUR	FV50	Lonely Goat RC	02:56:50.2
38	251	Carly	HICKS	F	-Individual-	02:57:50.4
39	276	John	MOORHOUSE	MV60	Dawlish Coasters	02:58:48.0
40	279	Rich	OSBORNE	MV50	Holbeton Harriers	02:58:51.9
41	296	Nicholas	SMITH	MV40	Launceston Road Runners	03:02:41.1
42	253	John	HOLLAND	MV40	(no club)	03:02:42.0
43	241	Jamie	GIBBS	MV40		03:04:47.3
44	240	Catherine	GIBBS	F	(no club)	03:04:48.1
45	295	Ben	SIENIEWICZ	M	(no club)	03:04:48.2
46	236	Sarah	FOWKES	FV40	-Individual-	03:05:24.9
47	327	Jennifer	MEARS	FV40		03:05:29.9
48	288	Hayley	RATCLIFF	FV50	Torbay AAC	03:06:08.4
49	208	Kyla	BRADY	F	(no club)	03:06:17.2
50	314	Fotinos	KYRIAKIDES	M		03:07:41.1
51	247	Matt	HANNAM	M	(no club)	03:09:19.1
52	257	Jon	JAMES	MV50	-Individual-	03:10:26.9
53	285	Lucy	POOLE	F		03:10:38.2



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54	230	Jean-Luc	EYSSAUTIER	MV40		03:10:46.2
55	292	James	RUST	MV50		03:11:03.2
56	221	Joseph	DAVIDSON	M		03:11:16.7
57	316	Harriet	LEE	F		03:11:23.4
58	238	Hal	GAMBLE	M	-Individual-	03:12:54.5
59	289	Mark	REID	MV50	Royal Marines	03:14:32.1
60	277	Jonathon	MURRAY-SMITH	M	-Individual-	03:15:02.7
61	237	Jennifer	FRASER	FV40	North Herts Road Runners	03:16:30.7
62	301	Pablo	TOLEDO	MV40		03:17:23.4
63	290	Nicky	RISDON	FV40		03:17:58.5
64	291	Simon	RISDON	MV40	Trail Running Association	03:17:58.9
65	260	William	JERROLD	MV40	(no club)	03:18:03.5
66	233	Catherine	FLEMING	FV40	Chagford Running Club	03:18:28.6
67	265	Kim	LAMBERT	FV50		03:19:24.5
68	234	Jodie	FOSTER	FV40	(no club)	03:20:01.0
69	283	Emma	PERRY	FV40	Somerset RC Tri	03:20:54.8
70	261	Margitta	JOLLIFFE	FV50	Chagford Runners	03:22:23.4
71	244	Sam	HALL	M	(no club)	03:22:36.7
72	264	Phil	LACEY	MV50	(no club)	03:27:04.1
73	220	Gemma	DAVIDSON	FV40	(no club)	03:27:05.0
74	300	David	THOMPSON	MV60	(no club)	03:28:08.5
75	248	Steph	HAYES	FV40		03:28:10.1
76	255	Katherine	HURRELL	F	(no club)	03:28:50.2
77	266	Raegan	LEATHER	F	Plymouth Musketeers Running Club	03:29:16.1
78	322	Emily	TURNER	F		03:29:52.9
79	324	Laura	WILKINSON	F		03:30:22.1
80	325	Beth	ADKINS	F	Town And Country Harriers	03:30:52.2
81	211	Snowdon	CHAY	M		03:33:01.2
82	226	Mathew	DOWRICK	M		03:33:39.0
83	225	Bev	DOWRICK	FV40	Plymouth Coastal Runners	03:33:39.4
84	200	David	ADAM	MV60		03:34:33.8
85	246	Luisa	HANNA	FV40	(no club)	03:35:26.6
86	214	Tom	COIA	M	n/a	03:36:11.4
87	202	Louise	ARMITAGE	FV40	Plymouth Musketeers Running Club	03:36:23.9
88	310	Jackie	YOUELL	FV60	Holbeton Harriers	03:43:33.3
89	206	Sharron	BARCLAY	FV60	(no club)	03:46:54.7
90	298	Tim	STONE	MV60		03:46:58.0
91	212	Louise	CHEETHAM	F	Tamar Trail Runners	03:48:55.9
92	203	Donna	BAKER	FV40	Run Venture Running Club	03:48:58.4
93	222	Juliette	DICKINSON	FV60	Somerset RC TRI Club	03:50:51.1
94	239	Tracey	GARLAND	FV50	Storm Plymouth	04:05:52.5
95	209	Geraldine	BUTCHERS	FV40	-Individual-	04:05:52.5
96	308	Clare	WHITE	FV40	Storm Plymouth	04:05:52.5
97	217	Debora	CORNISH	FV50	Storm Plymouth	04:05:53.4
98	275	Jane	MILES	FV50	(no club)	04:05:56.2
99	267	Nicolas	LEMARCHAND	MV40	-Individual-	04:06:05.1
100	268	Guy	LEVELL	MV40	(no club)	04:10:34.1